

Circus Elements is a leading provider of circus programs in SA schools. Our '**Circus In Schools Activities Program**' aims to promote a physically & mentally stimulating package for school children as they are highly engaged through demonstrations and learning activities. Typical benefits include: physical activity, hand eye co-ordination, balance, flexibility and team work, confidence & self esteem building.

Circus skills taught include:

- Juggling
- Flower sticks
- Plate spinning
- Plate manipulation
- Diabolo
- Rola Bola
- Unicycling
- Stilt walking
- Balance sticks
- Poi spinning
- Acro balance
- Human pyramids
- Tumbling



Lesson Structure

One off lessons to full day and term programs are available.

A 60 minute class typically includes 1 or 2 tutors guiding students through a warm up, stretch &/or game and three to four of the above skills, taught in easy to understand steps.

Facilities required

A well lit sheltered indoor or outdoor area. If acro- balance, human pyramids, tumbling or mini tramp is taught, gymnastics mats and a mini tramp will need to be supplied.

Cost (1 tutor)

Half day = **\$250**

1 day = **\$350**

Full Term = **HPI Level 4 rates**

Cost (2 tutors)

Half day = **\$450**

1 day = **\$600**

Full Term = **HPI Level 4 rates**

**Travel fees may apply*

**Circus Elements tutors have National & Catholic Police clearances*

Enquiries & bookings

Contact Scott or Juliette: 0448 651 901 or 0400 964 441

Email: circus@circuselements.com.au

Web: www.circuselements.com.au